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NEWS RELEASE | NOVEMBER 7, 2025 | CASCAIS, PORTUGAL

PULSAR HELIUM ANNOUNCES STOCK OPTION EXERCISE AND TVR

Pulsar Helium Inc. (AIM: PLSR, TSXV: PLSR, OTCQB: PSRHF) ("**Pulsar**" or the "**Company**"), notes on November 6, 2025, 300,000 stock options, issued pursuant to the Company's shareholder and TSX Venture Exchange approved Stock Option Plan, were exercised at an exercise price of CAD$0.45, and generated cash proceeds for the Company of CAD$135,000.

Admission to AIM and Total Voting Rights

Application is being made to the London Stock Exchange plc for the admission of the 300,000 Common Shares issued pursuant to abovementioned stock option exercise, to be admitted to trading on AIM, which is expected to occur and dealings commence at 8.00 a.m. on or around November 12, 2025. The new Common Shares will rank pari passu with the Company's existing Common Shares.

On Admission, the total number of Common Shares in issue will be 167,161,376 with voting rights. This figure may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, the Company's issued share capital pursuant to the Company's Articles.

On behalf Pulsar Helium Inc.
"Thomas Abraham-James"
President, CEO and Director

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About Pulsar Helium Inc.

Pulsar Helium Inc. is a publicly traded company quoted on the AIM market of the London Stock Exchange and listed on the TSX Venture Exchange with the ticker PLSR, as well as on the OTCQB with the ticker PSRHF. Pulsar's portfolio consists of its flagship Topaz helium project in Minnesota, USA, and the Tunu helium project in Greenland (the "Tunu Project"). Pulsar is the first mover in both locations with primary helium occurrences not associated with the production of hydrocarbons identified at each.