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NEWS RELEASE | MARCH 27, 2026 | CASCAIS, PORTUGAL

PULSAR ANNOUNCES PSU SHARE ISSUANCE, STOCK OPTION EXERCISE, TVR AND DIRECTOR/PDMR SHAREHOLDING

Pulsar Helium Inc. (AIM: PLSR, TSXV: PLSR, OTCQB: PSRHF) ("**Pulsar**" or the "**Company**"), a primary helium company, announces the issuance of new common shares (“**Shares**”) to certain members of the Board and a senior employee pursuant to the conversion of Performance Share Units (“**PSUs**”) under its Fixed Equity Incentive Plan (the “**Equity Plan**”), as approved by the TSX Venture Exchange on November 20, 2023, a stock option exercise and Director/PDMR dealings.

PSU Conversions

The new Shares were issued to two directors and a senior employee of the Company as follows:

- 200,000 new Shares were issued to a senior employee of the Company pursuant to the conversion of PSUs.
- Cambrian Limited, a company beneficially owned and controlled by Neil Herbert, Executive Chair of the Company, was issued 906,000 new Shares pursuant to the conversion of PSUs (“**Cambrian PSU Conversion**”).
- Thomas Abraham-James, President and CEO of the Company, was issued 960,000 new Shares pursuant to the conversion of PSUs.

The PDMR notification forms below sets additional information.

Further details regarding Pulsar’s Equity Plan are set out in the Company’s Management Information Circular dated April 2, 2025, which is available on SEDAR+ at www.sedarplus.ca.

Stock Option Exercise

In addition, Pulsar notes on March 26, 2026, 152,939 stock options over new Shares (the “**Option Exercise**”), issued pursuant to the Company’s shareholder and TSX Venture Exchange approved Stock Option Plan, were exercised by Cambrian Limited at an exercise price of CAD 0.45 per Share, and generated cash proceeds for the Company of CAD 68,822.

Director/PDMR Shareholding

The Company has been notified of the transfer of 892,827 Shares in the Company from Cambrian Limited to NH Family Office Limited. Both Cambrian Limited and NH Family Office Limited are beneficially owned and controlled by Neil Herbert to an equivalent extent.

In addition, the Company was notified of dispositions on March 24, 2026, and March 25, 2026, of in aggregate 1,058,939 Shares controlled by NH Family Office Limited (the “**Disposition**”). Following the Cambrian PSU Conversion, Option Exercise and the Disposition, Mr. Herbert’s beneficial interest through

Cambrian Limited and NH Family Office Limited in Pulsar remains unchanged. Accordingly, Neil Herbert, through Cambrian Limited and NH Family Office Limited, exercises control or direction over, directly or indirectly, 12,906,898 Shares, representing 7.06% of the Company's issued and outstanding Shares on Admission (as defined below).

Pulsar notes that Mr. Herbert is interested directly in 1,597,061 stock options under the Company's shareholder-approved Stock Option Plan, and 454,000 PSUs pursuant to the Company's shareholder approved Equity Plan.

The PDMR notification forms below sets additional information.

Admission and total voting rights

Application will be made to the London Stock Exchange for the admission of the 2,218,939 new Shares (comprising 2,066,000 new Shares being issued pursuant to the conversion of PSUs and 152,939 new Shares being issued pursuant to the Option Exercise) to trading on AIM ("**Admission**"), which will rank *pari passu* with existing Shares. Admission is expected to occur at 8.00 a.m. (BST) on or around April 1, 2026.

Following Admission, Pulsar will have 182,927,658 Shares issued and there are no shares held in treasury. This figure may be used by shareholders as the denominator for the calculations to determine if they are required to notify their interest in, or a change of their interest in, the Company under the FCA's Disclosure Guidance and Transparency Rules and the Company's Articles.

On behalf of Pulsar Helium Inc.
"Thomas Abraham-James"
President, CEO and Director

Further Information:

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(Financial PR)
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pulsarhelium@yellowjerseypr.com

About Pulsar Helium Inc.

Pulsar Helium Inc. is a publicly traded company quoted on the AIM market of the London Stock Exchange (United Kingdom) and listed on the TSX Venture Exchange with the ticker PLSR (Canada), as well as on the OTCQB with the ticker PSRHF (United States of America). Pulsar's portfolio consists of its flagship Topaz helium project in Minnesota, the Falcon project in Michigan (both in the USA), and the Tunu helium project in Greenland. Pulsar is the first mover in each location with primary helium occurrences not associated with the production of hydrocarbons identified at both the Minnesota and Greenland locations. Exploration work has not yet commenced at the Michigan location.

PDMR Notification Form:

<table>
<tr><td>1.</td><td colspan="2">Details of the person discharging managerial responsibilities / person closely associated</td></tr>
<tr><td>a)</td><td>Name</td><td>Cambrian Limited is a PCA of Neil Herbert, Executive Chairman and Director of the Company</td></tr>
<tr><td>2.</td><td colspan="2">Reason for the Notification</td></tr>
<tr><td>a)</td><td>Position/status</td><td>Executive Chairman and Director</td></tr>
<tr><td>b)</td><td>Initial notification/amendment</td><td>Initial notification</td></tr>
<tr><td>3.</td><td colspan="2">Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</td></tr>
<tr><td>a)</td><td>Name</td><td>Pulsar Helium Inc.</td></tr>
<tr><td>b)</td><td>LEI</td><td>254900ZCNH1VXNBQY881</td></tr>
<tr><td>4.</td><td colspan="2">Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv)each place where transactions have been conducted</td></tr>
<tr><td rowspan="2">a)</td><td>Description of the Financial instrument, type of instrument</td><td>Common Shares of no par value</td></tr>
<tr><td>Identification code</td><td>CA7459321039</td></tr>
<tr><td>b)</td><td>Nature of the Transaction</td><td>Shares issued pursuant to the conversion of performance share units</td></tr>
<tr><td>c)</td><td>Price(s) and volume(s)</td><td><table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>N/A</td><td>906,000</td></tr></table></td></tr>
<tr><td>d)</td><td>Aggregated information

Aggregated volume Price</td><td>N/A (single transaction)</td></tr>
<tr><td>e)</td><td>Date of the transaction</td><td>March 26, 2026</td></tr>
<tr><td>f)</td><td>Place of the transaction</td><td>Outside trading venue</td></tr>
</table>

1.	**Details of the person discharging managerial responsibilities / person closely associated**	
a)	Name	Thomas Abraham-James
2.	**Reason for the Notification**	
a)	Position/status	Director, President & CEO
b)	Initial notification/amendment	Initial notification
3.	**Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor**	
a)	Name	Pulsar Helium Inc.
b)	LEI	254900ZCNH1VXNBQY881
4.	**Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv)each place where transactions have been conducted**	
a)	Description of the Financial instrument, type of instrument	Common Shares of no par value
	Identification code	CA7459321039
b)	Nature of the Transaction	Shares issued pursuant to the conversion of performance share units
c)	Price(s) and volume(s)	Price(s): N/A Volume(s): 960,000
d)	Aggregated information Aggregated volume Price	N/A (single transaction)
e)	Date of the transaction	March 26, 2026
f)	Place of the transaction	Outside trading venue

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<tr><td>1.</td><td colspan="2">Details of the person discharging managerial responsibilities / person closely associated</td></tr>
<tr><td>a)</td><td>Name</td><td>Cambrian Limited is a PCA of Neil Herbert, Executive Chairman and Director of the Company</td></tr>
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<tr><td>Identification code</td><td>CA7459321039</td></tr>
<tr><td>b)</td><td>Nature of the Transaction</td><td>Exercise of options</td></tr>
<tr><td>c)</td><td>Price(s) and volume(s)</td><td><table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>CAD 0.45</td><td>152,939</td></tr></table></td></tr>
<tr><td>d)</td><td>Aggregated information
Aggregated volume Price</td><td>N/A (single transaction)</td></tr>
<tr><td>e)</td><td>Date of the transaction</td><td>March 26, 2026</td></tr>
<tr><td>f)</td><td>Place of the transaction</td><td>Outside trading venue</td></tr>
</table>

1.	**Details of the person discharging managerial responsibilities / person closely associated**	
a)	Name	NH Family Office Limited and Cambrian Limited is a PCA of Neil Herbert, Executive Chairman and Director of the Company
2.	**Reason for the Notification**	
a)	Position/status	Executive Chairman and Director
b)	Initial notification/amendment	Initial notification
3.	**Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor**	
a)	Name	Pulsar Helium Inc.
b)	LEI	254900ZCNH1VXNBQY881
4.	**Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv)each place where transactions have been conducted**	
a)	Description of the Financial instrument, type of instrument	Common Shares of no par value
	Identification code	CA7459321039
b)	Nature of the Transaction	Transfer of shares between two companies beneficially owned to the same extent
c)	Price(s) and volume(s)	Price(s): Nil; Volume(s): 892,827
d)	Aggregated information Aggregated volume Price	N/A (Single transaction)
e)	Date of the transaction	March 24, 2026
f)	Place of the transaction	N/A outside trading venue

1.	**Details of the person discharging managerial responsibilities / person closely associated**	
a)	Name	NH Family Office Limited is a PCA of Neil Herbert, Executive Chairman and Director of the Company
2.	**Reason for the Notification**	
a)	Position/status	Director
b)	Initial notification/amendment	Initial notification
3.	**Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor**	
a)	Name	Pulsar Helium Inc.
b)	LEI	254900ZCNH1VXNBQY881
4.	**Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv)each place where transactions have been conducted**	
a)	Description of the Financial instrument, type of instrument	Common Shares of no par value
	Identification code	CA7459321039
b)	Nature of the Transaction	Sale of Common Shares
c)	Price(s) and volume(s)	

Price(s)	Volume(s)
GBP 0.891985	88,839
GBP 0.91125	100,000
GBP 0.90000	50,000
CAD 1.644233	258,300
CAD 1.656984	32,000
CAD 1.626812	176,900
CAD 1.66439	100,000
CAD 1.691723	83,300
CAD 1.686099	69,600
CAD 1.708745	100,000

d)	Aggregated information	Volume (GBP trades): 238,839 Price (GBP): 0.901729012 per Share Volume (CAD trades): 820,100 Price (CAD): 1.6596737 per Share
e)	Date of the transaction	March 24, 2026, and March 25, 2026
f)	Place of the transaction	London Stock Exchange: AIM & TSX Venture Exchange